



# Aikido Yoshinkan

柔道  
養神館  
Aikido Yoshinkan

## About the Instructor

Michiharu Mori Shihan, 7<sup>th</sup> Dan was a direct student of the late **Grand Master** Gozo Shioda for 10 years at the International Yoshinkan Aikido Headquarters in Tokyo, Japan, where he also taught. The youngest Honbu instructor to receive the rank of 5<sup>th</sup> dan black belt. Mori Shihan has travelled extensively as a guest instructor at Aikido seminars in countries including Canada, USA, India, Malta and Australia. Now settled in **Brisbane**, he is developing a high quality, world class centre for Yoshinkan Aikido. Mori Shihan is recognised worldwide by the International Yoshinkan Aikido Federation (IYAF) and maintains a direct link with the Yoshinkan Honbu Dojo in Tokyo, Japan.



## Teaching experience includes:

- ❖ Queensland and Victoria Police - Australia
- ❖ Tokyo Metropolitan Police - Tokyo
- ❖ Metropolitan Riot Police - Tokyo
- ❖ Foreign Instructors course - Tokyo
- ❖ Commando and Special Forces
- ❖ General Public - Adults and Children
- ❖ International Seminars and Clinics

## Brisbane Dojo

### Class Times and Fees

The following class times are available for all members. Teen's classes are available for individuals 11-17 years old and Children's classes are for 5-11 years old.

Monday				6:00-7:00pm Basic	7:15-8:00pm Advanced
Tuesday	12:30-1:30pm General			6:00-7:00pm Basic	7:15-8:00pm Advanced
Wednesday	12:30-1:30pm General		4:30-5:30pm Teens	6:00-7:00pm Basic	7:15-8:00pm Advanced
Thursday	12:30-1:30pm General		4:30-5:30pm Children	6:00-7:00pm Basic	7:15-8:00pm Advanced
Friday				6:00-7:00pm Basic	7:15-8:00pm Advanced
Saturday	10:00-11:00am Children	1:00-2:00pm Basic	2:15-3:00pm Advanced		

## Self Defence and Self Development

At the same time, Aikido is a powerful martial art. Due to its very effective nature, Aikido is taught to Police Forces throughout Japan and in many other parts of the world.

Aikido Training is fun and provides an effective way to keep in shape and reduce stress. Classes are congenial, promote a co-operative outlook on life and are non-competitive..

Aikido Training brings you into contact with yourself and ways to achieve harmony of mind and body. Aikido can be beneficial for everyone. Individuals of all ages, physical ability and background are welcome.



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## Adults

- ☉ Membership \$60 / year
- ☉ Training Fee \$100 / month
- \$270 / 3 months
- \$520 / 6 months
- \$1000 / year
- ☉ Casual \$15 / class
- ☉ 5 Coupons \$70
- ☉ 10 Coupons \$130
- ☉ Trial Coupons \$50 / 5 classes
- ☉ Husband & Wife \$170 / month
- ☉ Uni Student \$90 / month

## Family

- ☉ Membership \$125 / year
- ☉ Training Fee \$180 / month
- \$480 / 3 months
- \$900 / 6 months
- \$1,600 / year

## Children

- ☉ Membership \$40 / year
- ☉ Training Fee
- ☉ School Term \$100 / term
- ☉ Casual \$7 / class
- ☉ 10 Coupons \$65

## High School Students

- ☉ Membership \$40 / year
- ☉ Training Fee \$70 / month
- ☉ Casuals \$9 / class
- ☉ 5 Coupons \$40
- ☉ 10 Coupons \$75



# Aikido Yoshinkan

国際合気道  
養神館  
宗道場



## Gozo Shioda

The late Gozo Shioda Sensei, 10<sup>th</sup> Degree Black Belt was the foremost student of Morihei Ueshiba who developed Aikido from the lethal techniques of aiki-jujutsu in the 1920's. Shioda Sensei founded the school of Yoshinkan Aikido in Tokyo. His outstanding contribution to the promotion of Japanese Martial arts in general and Aikido in particular was further acknowledged by the honorary award of tenth dan by the International Martial arts Federation in 1984, along with the title of **Meijin** or Grand master.

## Yoshinkan Aikido

Since the 1920's several styles of Aikido have developed. The study of Yoshinkan Aikido incorporates precision in executing techniques with the study of basic movements. Detailed instruction provides an understanding of the whole technique as well as its composite parts, exploring the mystery of how a partner's attack can be re-directed and controlled without strength. Yoshinkan Aikido is the official style of Aikido practiced by the Tokyo Metropolitan Police Department.

## The Traditional Martial Art

Non-violent, Non-competitive. Derived from the combat aiki-jujutsu techniques of ancient Japan. Aikido is termed the "Traditional Martial Art" because it places an emphasis on the development of harmony and co-operation rather than competition and the violent subduing of opponents. Aikido translates as 'the way of harmony'.

## International Yoshinkan Aikido Federation (IYAF)

In 1989, Shioda Sensei founded the International Yoshinkan Aikido Federation, the aim of which is to support the growth and teaching of Aikido on a worldwide basis. The IYAF embodies the Aikido principles of harmony, co-operation and respect within an organisation.

Michiharu Mori Shihan is a 7<sup>th</sup> Dan black belt instructor recognised by the IYAF. His student's gradings are recognised in Japan and throughout the world via the IYAF.

Students who attain the rank of black belt will receive their dan certificates from the International Yoshinkan Headquarters in Japan.

Mori Shihan has the qualification of "HIGHLY ADVANCED INSTRUCTOR" issued from the Honbu, dojo which allows him to grade his students to the level of 5<sup>th</sup> Dan.



Mori Shihan was awarded the Aikido Instructor of the Year by Blitz magazine in 1998

